

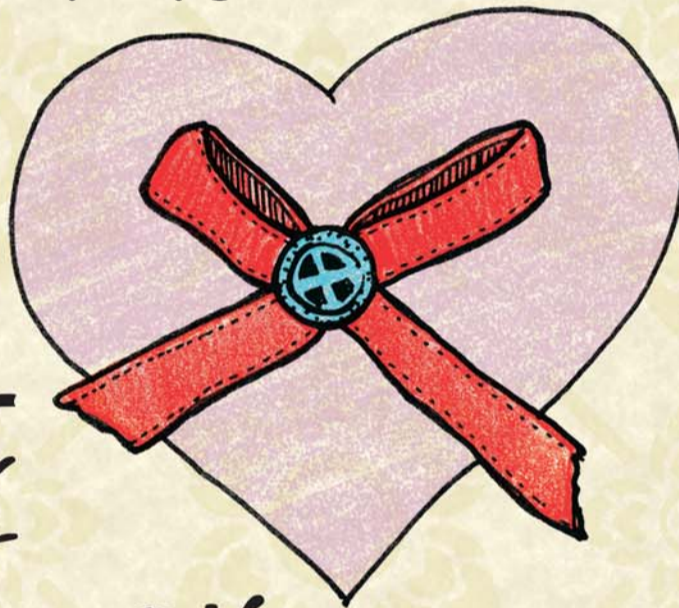
# MAE MATHAU GWAHANOL O GAMDRINIAETH

# ABUSE CAN BE



Pwy yw  
plentyn neu  
berson ifanc  
mewn  
perygl?

Who is a  
child or  
young  
person at  
risk?



## SEXTING

Weithiau bydd y person/pobl yn codi ofn arnat ti gyda lluniau neu negeseuon ar dy ffôn neu rannu pethau rwyf ti wedi'u hanfon gyda phobl eraill heb dy ganiatâd.

Sometimes they may upset or frighten you with pictures or messages sent to your phone or share things you have sent them with other people without your knowledge.



YDW I'N BLENTYN  
NEU BERSON IFANC  
MEWN PERYGL?

AM I A CHILD  
OR YOUNG PERSON  
AT RISK?

Am ragor o wybodaeth: | For further information please visit:

[www.CwmTafSafeguarding.org](http://www.CwmTafSafeguarding.org)

Diolch i | Thanks to  
Nika • Jodie • Jasmine • Chloe • Rachel  
am eu help | for their help